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Full and associate members of ADSA now have access to Practice-based Evidence in Nutrition (PEN®), the global resource for nutrition and dietetic practice.

Curious about PEN? Visit the website at <https://www.pennutrition.com/> and try out the 15-day free trial. Orientation tutorials are also available on the website. To access them, from the homepage go to "PEN orientation tutorial". Click the "Watch" button for a self-guided tour. There are four videos of approximately 10 minutes long. These sections can also be printed.

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