



PEN® is coming soon!

We are excited to announce that Practice-based Evidence in Nutrition® (PEN®) will be available to all full and associate ADSA members soon. Look out for the communication on when it will be accessible, and for details of informative training sessions that will be delivered by the international PEN® team.

Why PEN®?

Today's busy practitioners are challenged to stay abreast of current science in food and nutrition in an ever-changing environment. PEN® ensures that their advice is grounded in the latest evidence. While diet manuals and textbooks have served practitioners well in the past as authoritative resources on clinical and other nutrition-related topics, they are limited in their scope and are often out of date, even before they are published. The national association of Canadian registered dietitians, Dietitians of Canada, developed PEN®, the global resource for nutrition practice, to address the needs of health professionals so that they can be effective knowledge managers, with ready access to timely, current and authoritative guidance on the food and nutrition questions that are encountered in everyday practice.

What is PEN®?

PEN® is a dynamic knowledge translation subscription service, originally developed by Dietitians of Canada with input from thought leaders in dietetic practice, knowledge translation and technology. The PEN® service is now governed by a collaborative partnership, comprising the British Dietetic Association, the Dietitians Association of Australia and Dietitians of Canada. Its powerful search tools and knowledge pathway format deliver evidence-based guidance to nutrition practice questions, easily and efficiently.

Topics address the broad spectrum of practice in nutrition and dietetics, as well as institutional care, primary health care, public and community health, consulting or private practice, food service management, professional education, food and the pharmaceutical industry, and government. Recognised authorities on each topic or knowledge pathway contribute to the identification of relevant

literature from filtered and original sources, and critically appraise, grade and synthesise the literature into key practice points or answers to practice questions.

Additionally, best practice client and professional resources and other tools that are congruent with the evidence are included to support practice, together with standard knowledge pathway tools, including the background, and evidence-based summaries and toolkits. As new science emerges, the components of a knowledge pathway are updated in a timely way to ensure that the practice guidance always remains in step with change. Each knowledge pathway undergoes a complete review at regular intervals. In summary, PEN® is a practice tool that will assist with providing a succinct answer to a practice question when a dietitian is pressed for time, or further information if the evidence needs to be reviewed in more depth.

Curious to find out more?

Visit <http://www.pennutrition.com> to watch a PEN® orientation tutorial, or sign up for a 15-day free trial to determine what's available, ahead of this tool being made readily available through ADSA.

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