aOnly included for servings of 100 ml or more.

bRTEC: Ready-to-eat cereal.

dMade up of cooked Maltabella (sorghum porridge) and cooked oats.

***Fig*ure *1***

Frequency of intake for different foods at breakfast among adolescents

Please note: Figure 1 is intended for colour reproduction on the web and in black-and-white for print. Please see the document entitled “Figure 1 colour” for the colour version of Figure 1.