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| **Item** | **Statement** | **Valid (n)** | **Mean** | **SD** |
| **1\*** | I am terrified of being overweight | 220 | 1.31 | 1.28 |
| **2** | I avoid eating when I am hungry | 220 | 0.05 | 0.26 |
| **3** | I find that I am preoccupied with food | 219 | 0.32 | 0.72 |
| **4** | I have gone on eating binges and felt that I may not be able to stop eating | 220 | 0.20 | 0.59 |
| **5** | I cut my food into small pieces | 220 | 0.24 | 0.65 |
| **6** | I am aware of the calorie content of the foods that I eat | 220 | 0.55 | 0.97 |
| **7** | I particularly avoid food with a high-carbohydrate content, e.g. bread, rice and potatoes | 220 | 0.36 | 0.78 |
| **8** | I feel that others would prefer it if I ate more | 220 | 0.15 | 0.56 |
| **9** | I vomit after I have eaten | 220 | 0.02 | 0.19 |
| **10** | I feel extremely guilty after eating | 219 | 0.24 | 0.66 |
| **11\*** | I am preoccupied with a desire to be thinner | 220 | 0.93 | 1.21 |
| **12\*** | I think about burning up calories when I exercise | 220 | 1.37 | 1.24 |
| **13** | Other people think that I am too thin | 220 | 0.18 | 0.60 |
| **14\*** | I am preoccupied with the thought of having fat on my body | 220 | 0.78 | 1.11 |
| **15** | I take longer than others to eat my meals | 220 | 0.38 | 0.84 |
| **16** | I avoid foods with sugar in them | 220 | 0.17 | 0.58 |
| **17** | I eat diet foods | 219 | 0.59 | 0.97 |
| **18** | I feel that food controls my life | 219 | 0.36 | 0.88 |
| **19\*** | I display self-control around food | 220 | 0.81 | 1.07 |
| **20** | I feel that others pressure me to eat | 220 | 0.08 | 0.40 |
| **21** | I give too much time and thought to food | 220 | 0.43 | 0.90 |
| **22** | I feel uncomfortable after eating sweets | 220 | 0.50 | 0.93 |
| **23** | I engage in dieting behaviour | 220 | 0.66 | 1.03 |
| **24** | I like my stomach to be empty | 220 | 0.27 | 0.76 |
| **25** | I have an impulse to vomit after meals | 220 | 0.13 | 0.52 |
| **26\*** | I enjoy trying rich new foods | 219 | 1.08 | 1.05 |