



ADSA Awards: Yet another bursary for a deserving student

The ADSA Executive Committee is pleased to announce that after careful consideration and due diligence, Ms Jayne Marshall, who was a first-year dietetics student at the University of the Free State in 2013, has been awarded the ADSA Bursary for the next three years (2014-2016) to enable her to complete her studies.

Forty-four applications were received for this bursary. Ten were received from student ADSA members, a pre-set criterion, and all were considered.

During the selection process, it was noted that many students are in need of financial assistance. We would like to appeal to our colleagues in academia to encourage their students to take up the student ADSA membership in their first year of study. The ADSA Executive Committee also plans to increase awareness about the ADSA Award, as well as source other potential funders. This information will be made available on the ADSA website as soon as it becomes available. Thus, we would also like to call on our colleagues in academia and the private sector to help us with this noble cause by providing us with relevant information for dissemination to interested and deserving students. The information can be forwarded to the ADSA office at info@adsa.org.za

ADSA introduces membership cards

ADSA is pleased to announce that it is introducing membership cards starting from this year, 2014. The process of making the cards

started last year. ADSA members were contacted to ensure that we had their correct details for accurate reflection on the card. The cost-effective design of the card is such that it will only be changed every six years. Space will be provided at the back of the card to accommodate stickers every year that the membership is renewed. Therefore, instead of printing a new card, stickers will be printed annually to denote registration for a specific membership year. Very soon, the cards will be sent to branches for distribution to members. The stickers will be sent to branches on an annual basis.

ADSA Executive Committee: Representation portfolio holder resigns

The ADSA Executive Committee: Representation portfolio holder, Mr Alpha Rasekgala, has resigned from his position for personal reasons. We would like to take this opportunity to thank Mr Rasekgala for his contribution to the association for the two-and-a-half years that he was on the Executive Committee. We wish him the best in his career.

We would also like to take this opportunity to welcome Mr Keegan Eichstadt, who has replaced Mr Rasekgala as the representation portfolio holder, onto the Executive Committee. We trust that he will make an invaluable contribution to the association. We wish him the best in this position as he faithfully serves our profession.

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NSSA newsbits

The 25th Congress of the Nutrition Society of South Africa (NSSA) and the 13th Congress of the Association for Dietetics in South Africa will be hosted on 16-19 September 2014 at the Birchwood Hotel and Conference Centre in Johannesburg.

The theme is "Optimal nutrition for all". Dr Jacques Rossouw, chief of the Women's Health Initiative (WHI) branch of the Division of Cardiovascular Sciences at the US National Heart, Lung and Blood Institute is the invited NSSA speaker. Dr Rossouw oversees the WHI study, which addresses the most common causes of death, disability and impaired quality of life in postmenopausal women. The WHI investigates risk factors and tests prevention strategies for heart disease, cancer of the breast and the large bowel, and fractures due to osteoporosis in women. He is well known in South Africa for his work at the South African Medical Research Council, where he was responsible for launching the Coronary Risk Factor Study (CORIS), a community prevention trial. Most of Dr Rossouw's articles and book chapters are on postmenopausal hormone therapy and

cardiovascular disease, lipids, nutrition, and community intervention studies.

NSSA members are encouraged to visit the Congress website at <http://www.nutritioncongress.co.za/> for information on master classes. Among others, Prof Edith Feskens, of Wageningen University in the Netherlands, will present a master class on dietary methodology.

The new NSSA Northern Branch committee members are:

- Lize Meades, University of South Africa (UNISA).
- Cornelia Nienaber-Rousseau, North-West University (NWU).
- Tirhani Masia, University of Venda.
- Wilna Oldewage-Theron, Vaal University of Technology.
- Bianca Swanepoel, NWU.
- Elize Symington, UNISA.
- Maria van der Merwe, Department of Health, Mpumalanga.
- Zelda White, University of Pretoria.