|  |  |
| --- | --- |
| **Choking** | Choking while eating |
| **Dehydration** | Intravenous fluids prescribed but not administered |
| **Nil by Mouth** | Patient kept Nil by Mouth for unnecessary long periods while waiting for surgery or procedures |
| **Inappropriate diet** | Incorrect diets provided e.g. meals containing ingredients that the patient is allergic to or inappropriate consistency. |
| **Catering services** | Meals served at wrong temperature, increasing the risk of infections by food- based pathogens |
| **Incorrect artificial nutrition** | Incorrect doses or type given |
| **Missed meals** | Patients missing meals for non-urgent investigations |
| **Pressure ulcers** | Nutritional intake being a contributory factor in the development of pressure ulcers |

**Tables: Patient safety and nutrition - is there a connection?**

*Table 1: Key themes that involves safe nutrition care*

*Table 2.Clinical characteristics of malnutrition*

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| Food intake less than nutrition requirement |
| Weight loss over time |
| Loss of lean body mass |
| Loss of fat mass |
| Fluid accumulation |
| Measurably diminished hand grip strength |