



Social media and communications guideline

ADSA has drafted a social media and communications guideline that incorporate HPCSA ethics guidelines. The guideline is currently being circulated to ADSA members for comment, and will be published once the final document is complete. We believe that this document will be very useful in assisting dietitians in South Africa, and possibly other health professionals, to navigate their way through various social media platforms in a professional and ethical manner.

Ethics CPD article for all ADSA members

All registered health professionals are required to engage in CPD and to accumulate 30 CEUs per a 12-month period, of which at least five CEUs should be for ethics, human rights and medical law. ADSA invites all dietitians and nutritionists to partake in the ethics article activity, and to earn three ethics CEUs. The article is available on the ADSA website. Please read it and complete the questions. You will earn three CEUs if you answer 70% or more of the questions correctly. The closing date is 1 December 2013. Answer sheets should be sent to info@factssa.com, or to P O Box 565, Milnerton, 7435. The CPD certificate will be sent to participants within two months of receipt

of the answer sheet. For further information, please contact Charlene Goosen at cpd@adsa.org.za

Professional indemnity cover

ADSA has arranged for professional indemnity cover options for members through Intersure. This cover has been effective since the beginning of January 2013. Different cover options are available and Intersure is urging dietitians to review their risk and to select their cover options carefully, rather than automatically choosing the cheapest option: "Sometimes it is worthwhile spending a little bit extra for greater coverage". Remember, it is compulsory for all professionals who work in the private sector to have indemnity in place. If you are not already covered, then please review the details using the available options. If you are already covered, please remember to renew your policy on an annual basis.

Please note that while ADSA has been instrumental in arranging this opportunity, it is the responsibility of each dietitian wanting to take out indemnity cover to arrange it directly through Intersure. For more information, please contact Darius de Vries at enquiries@intersure.co.za, or on 0861 112 344/0861 468 377.



Arrangements started for the next biennial congress of the Nutrition Society of South Africa and ADSA. The Nutrition Congress 2014 will be held in Gauteng. News about the theme and speakers will follow later. The NSSA Eastern Branch held an interactive salt symposium on salt and health for members on Friday, 17 May 2013, which was World Hypertension Day. The topics included salt and health, the South African salt reduction regulations, salt reduction and behavioural change, and nutrition education on salt intake for the public. Suna Kassier of the University of KwaZulu-Natal, Fiona Nortje

NSSA newsbits

and Keegan Eichstadt of Unilever SA, and Nompumelelo Nxumalo of the Department of Health, were the presenters.

A total of 18 manuscripts on the revised South African Food Based Dietary Guidelines for adults and children were written by dietitians and nutritionists and submitted to the *South African Journal of Clinical Nutrition*. The manuscripts are currently under review. All accepted articles will be published in a supplement to the *South African Journal of Clinical Nutrition* in 2013.