



Author instructions

All manuscripts and correspondence to be submitted electronically to: www.sajcn.co.za

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Authorship

All named authors must give consent to publication. Authorship should be based only on substantial contribution to: (i) conception, design, analysis and interpretation of data; (ii) drafting the article or revising it critically for important intellectual content; (iii) final approval of the version to be published. All three of these conditions must be met (Uniform requirements for manuscripts submitted to biomedical journals; www.icmje.org/index.html).

Manuscripts

Short items are more likely to appeal to our readers and therefore to be accepted for publication. **Manuscript should not exceed 4000 words in total all contents inclusive.**

Original articles of 4 000 words or less, with up to 6 tables or illustrations, should normally report observations or research of relevance to the field of nutrition. References should preferably be limited to no more than 25.

Short reports or scientific letters, which include case reports, side effects of nutrient supplements/drugs and brief or negative research findings should be 1000 words or less, with 1 table or illustration and no more than 6 references.

Editorials, Opinions, Issues in the field of nutrition, should be about 1000 words and are welcome, but unless invited, will be subjected to the SAJCN peer review process.

Review articles are rarely accepted unless invited.

Letters to the editor, if intended for the correspondence column, should be marked 'for publication', signed by all authors and presented in triple spacing. Letters should be no longer than 400 words with only one illustration or table.

Obituaries should not exceed 400 words and may be accompanied by a photograph.

Manuscript preparation

- Please submit your manuscript electronically at www.sajcn.co.za. (Register as an author, log in and follow the 5 steps to upload your manuscript.)
- Please submit the manuscript as a MS Windows Word document.
- Please have your manuscript edited by a language expert or colleague proficient in English prior to submission. Articles must be in UK English.
- All manuscripts must include an abstract (50-250 words).
- Research articles should have a structured abstract not exceeding 250 words (50 for short reports) comprising: Objectives, Design, Setting, Subjects, Outcome measures, Results and Conclusions.
- Refer to articles in recent issues for guidance on the presentation of headings and subheadings.
- Abbreviations should be spelt out when first used in the text and thereafter used consistently.
- Scientific measurements should be expressed in SI units except: blood pressure should be given in mmHg and haemoglobin values in g/dl.

If in doubt, refer to www.icmje.org/index.html

Illustrations

1. All illustrations must be submitted electronically. High resolution (300dpi) .jpg or .tiff files are preferred.
2. Figures consist of all material that cannot be set in type, such as photographs and line drawings.
3. Tables and legends for illustrations should appear on separate sheets and should be clearly identified.

4. Line drawings should be arranged to conserve vertical space. Note that reduction to 80 mm for a single column or 170 mm for double columns should not render lettering illegible. Explanations should be included in the legend and not on the figure itself.
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References

References should be inserted in the text as superior numbers and should be listed at the end of the article in numerical and not in alphabetical order.

Authors are responsible for verification of references from the original sources.

References should be set out in the Vancouver style and approved abbreviations of journal titles used; consult the List of Journals in Index Medicus for these details.

Names and initials of all authors should be given unless there are more than six, in which case the first three names should be given followed by et al. First and last page numbers should be given.

Journal references should appear thus:

1. Price NC. Importance of asking about glaucoma. *BMJ* 1983; 286: 349-350. Book references should be set out as follows:
1. Jeffcoate N. Principles of Gynaecology. 4th ed. London: Butterworth, 1975: 96-101.
2. Weinstein L, Swartz MN. Pathogenic properties of invading microorganisms. In: Sodeman WA jun, Sodeman WA, eds. Pathologic Physiology: Mechanisms of Disease. Philadelphia: WB Saunders, 1974: 457-472.

Manuscripts accepted but not yet published can be included as references followed by (in press).

Unpublished observations and personal communications may be cited in the text, but not in the reference list.

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Revised manuscript should be resubmitted electronically within 3 weeks of receipt thereof.

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