


 The logo for ADSA directions features a stylized teal figure resembling a person or a heart shape above the text "ADSA directions" in a teal sans-serif font. The word "directions" is followed by a series of teal dots leading to a teal arrow pointing to the right.


The outgoing ADSA core Executive Committee – Duduzile (Dudu) Mthuli, Leigh Anne Silber, Debbie Marais, Rene Smalberger (ADSA President), Dalleen Rocher and Robyn Rees  
(Lauren Ponting and Karen Horsburgh are absent from the photograph.)

The ADSA executive committee's term of office will end at the end of June. This committee has served for three years from July 2006 till June 2009. Let's look back at the highlights of this committee's term of office. ADSA membership has increased from 1 138 to 1 202 during the term of office. A concerted effort was undertaken to clean up the database with the result that ADSA achieved a 98% hit with emails this year.

This committee has seen the start of two new branches: the Northern-Cape and the Mpumalanga Highveld. The committee also facilitated two amendments to the constitution which were approved at the special annual general meeting.

### **Sports Nutrition Working Group**

Dietitians, although unable to specialise in certain professional areas as there are no speciality courses do, have interests in areas of expertise. Some dietitians only practise in those specialities and accumulate significant experience over time that could assist other dietitians. It was with this in mind that ADSA Executive approved the introduction of specialised groups

of dietitians with similar interests who would communicate on events, challenges and information pertaining to their areas of interest. The two specialities are on Paediatric/Childhood Nutrition and the Sports Nutrition Working Group.

In July 2008 the ADSA Executive decided to volunteer to take part in the piloting of the learning portfolio as recommended by the Health Professions Council of South Africa (HPCSA) CPD Committee this year. A road show to discuss the value and the process of the learning portfolio with branches has begun.

For the nutrition week to promote the profession of dietetics, ADSA was advertised on street pole ads in 2007, and in 2008 ADSA z-folders were inserted into the meal boxes on SA Express and SA Airlink domestic flights for a month.

The new committees will take office from the 1st of July 2009.

**Duduzile Mthuli**  
ADSA Communications