

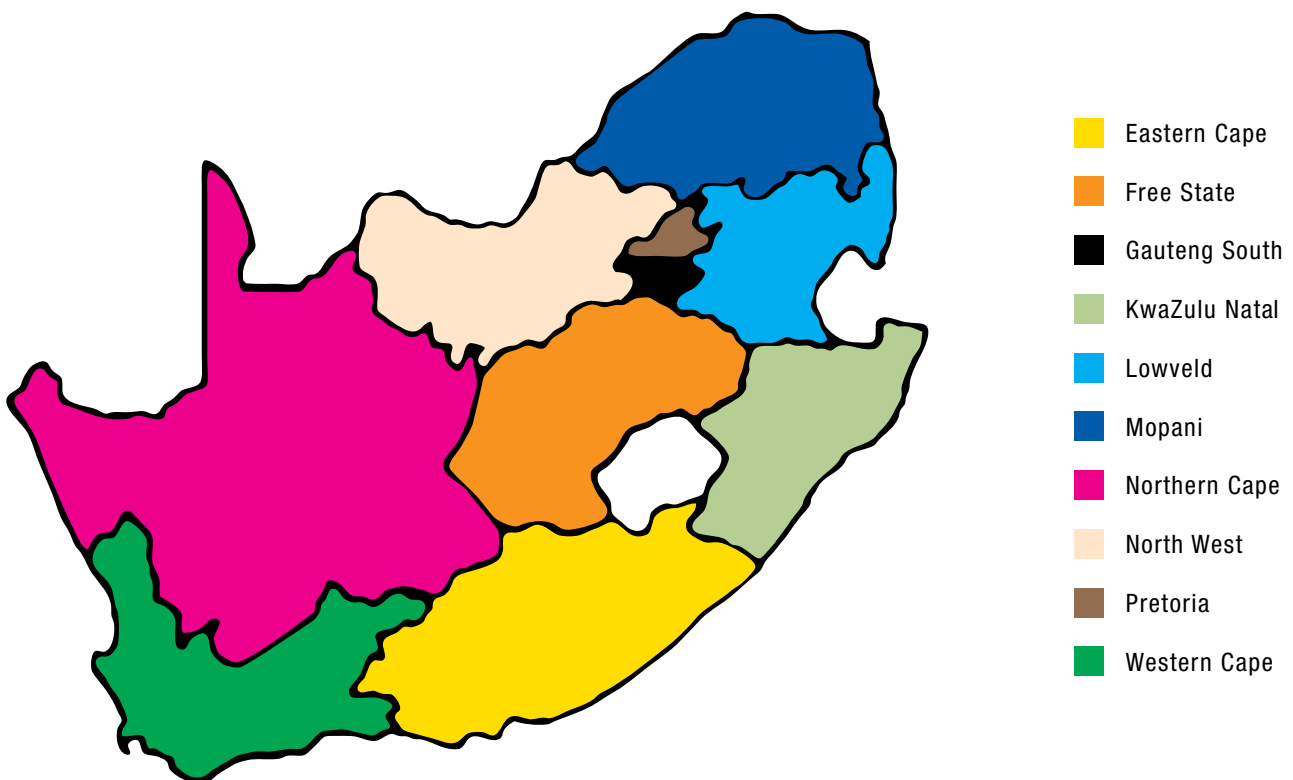


Dear ADSA members

I would like to wish you and your families a prosperous 2009. May this year be a year of fulfillment in all areas of your life. May we as dietitians not see the challenges as obstacles, but may we find creative ways of overcoming society's obstacles, and make a significant difference in each of our community's nutrition.

ADSA has many interesting projects in stall for 2009. Please visit our website at www.adsa.org.za to stay informed. Also make sure your membership details are updated on our database.

Branch information can be accessed by visiting the ADSA branches section on our website.



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