



ADSA EXECUTIVE COMMITTEE ROADSHOW

The ADSA executive committee will be going on the road visiting branches with a roadshow that will start towards the end of July.

We plan to visit the following branches during branch events:

- Free State – July
- Mpumalanga – August
- Northwest – September
- Western Cape – November

With the roadshow the branch members will be able to meet members of the executive committee who will visit the branch during the presentations.

The aim of the roadshow is to connect with branch members and create an opportunity for dialogue.

The broad theme of the roadshow is an update on the new HPCSA ethics guidelines and professional development. The roadshow will be accredited for CPD points including ethics points.

More information will soon be communicated through the ADSA mailer and the respective branches.

Nutrition Congress Programme

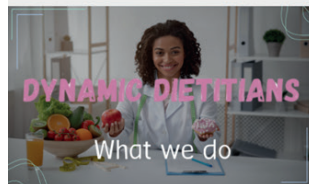


2024 NUTRITION CONGRESS

29th Congress of the Nutrition Society of South Africa (NSSA)
17th Congress of the Association for Dietetics in South Africa (ADSA)

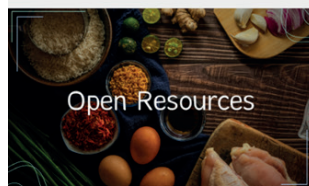


ADSA LEARN ACTIVITIES


 ASSOCIATION FOR DIETETICS
 IN SOUTH AFRICA
**Dynamic Dietitians**

Unpack the scope of registered dietitians in South Africa and understand the various important roles dietitians play in optimising health. Watch interviews on different dietetics career paths with tips to consider in each. Get ideas on supplemental income activities.

Members: R200
 Non-members: R250
 4 CEUs

**Open Resources**

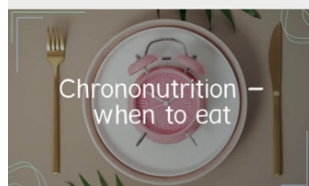
Find important policies, guidelines and other updates related to dietetics / nutrition.

FREE
 Not CPD accredited

**Nutrigenetics / nutrigenomics**

Watch a recorded webinar on nutrigenetics and nutrigenomics and the ethical implications in the dietetic practice. It is presented by Associate Professor Janetta Harbron, ADSA Advocacy and Knowledge Transfer portfolio holder.

Members: R120
 Non-members: R150
 1 CEU

**Chrononutrition**

"Eat like a king in the morning, a prince at noon, and a peasant at dinner." Learn about the interaction between biological rhythm and nutrition. This emerging field of research shows that the timing of food intake has effects on health and disease.

Members: R250
 Non-members: R280
 4 CEUs

Visit www.adsa.org.za/adsa-learn/

and more...

STAY IN TOUCH

Stay in touch with ADSA and help us spread the word to promote optimal nutrition for all South Africans:

- www.facebook.com/ADSAorgza
- [www.twitter.com/ADSA](https://twitter.com/ADSA)
- <https://www.instagram.com/adsaorgza/>
- Blog: <http://nutritionconfidence.wordpress.com>
- Website: <http://www.adsa.org.za>
- Email: info@adsa.co.za or adsacomms@gmail.com