



SASPEN NEWS: MARCH 2024

SASPEN is honoured to be part of the collaborative healthcare community involved in innovative endeavours that is transforming healthcare and promoting an attitude of excellence. SASPEN has exciting activities planned this year; supporting ongoing education to promote the practical implementation of nutrition related topics into everyday healthcare practices.

The SASPEN PM Ward Round Club has kicked off successful in February. The monthly event is hosted as an online platform with CPD accreditation. For information on topics, keep an eye out on our social media platforms or our website. If you are interested in presenting a case at one of these events, please contact info@saspen.co.za.

The 46th ESPEN Congress on Clinical Nutrition & Metabolism will be held in Milan, 7–10 September 2024. Registration is now open and early registration closes 30 April 2024.

The annual congress hosted by SASPEN and the Critical Care Society of Southern Africa Congress (CCSSA) will be hosted as an “in-person event” on 22–25 August 2024 at the Sandton Convention Centre in Johannesburg. The congress will feature local and international speakers with vast expertise in the field of clinical nutrition. Delegates will have the opportunity to attend ESPEN LLL (Life-Long Learning) workshops on different topics and the program will include exciting pre-congress workshops.

SASPEN will be hosting an interactive, face-to-face workshop on Saturday 13 April from 08:00 till 16:00 at Groote Schuur Hospital. The day will focus on understanding gastrointestinal anatomy and other practical surgical aspects related to nutrition. For more information, please visit our website www.saspen.co.za.

Keeping with the topic of educational opportunities, SASPEN will be hosting an Oncology

Mini-symposium on the nutritional management in oncology and palliative care. The event will be hosted online via MedTalkz on 25 May 2024; 09:00 – 12:15. For more information, please visit our website www.saspen.co.za.

SASPEN research grants, in partnership with ENASA, aims to encourage further studies in the field of disease-related malnutrition. SASPEN invites all potential candidates to apply for the 2025 research grants. Applicants must be fully paid-up members of SASPEN. For more information, please visit our website.

SASPEN offers an all-inclusive membership. Healthcare delegates from neighbouring African countries with an interest in clinical nutrition are welcome as full SASPEN members at no additional international cost. Membership includes access to educational opportunities, interest based-working groups, updated clinical guidelines, research grants and opportunities to network within the greater field of healthcare in the context of nutrition. For more information on membership and information to access membership benefits, visit our new website www.saspen.co.za or contact info@saspen.co.za.

The SASPEN committee would like to thank all our members for their support, dedication and commitment to science-based nutritional care and innovation. We are looking forward to an exciting 2024 that will support and encourage the development and application of clinical nutrition practices in South Africa and beyond.

We would like to hear about your initiatives and plans. Please join us on Facebook, Instagram, Twitter and on LinkedIn to stay informed about events and opportunities. You can visit our webpage on www.saspen.com for any information on the Society and our activities.