



Regulations relating to names that may not be used in relation to the profession of dietetics and nutrition

ADSA welcomes the publication of [Regulation 3562](#) of the Health Professions Act, 1974 (Act No.56 of 1974) on 23 June 2023 in the Government gazette no 48838. The process followed public consultation to which ADSA submitted collated inputs as received from our members. These regulations should be read along with other provisions of the Health Professions Act. This Regulation specifies the names that may not be used by persons not registered as a dietitian or nutritionist.

According to Regulation 3562, a person who is not registered as a Dietitian or Nutritionist in terms of

Section 17 of the Health Professions Act of 1974 (Act No.56 of 1974) may not use the following names: Dietitian, diet(ary) consultant, diet(ary) educator, diet(ary) therapist, diet(ary) adviser, diet(ary) counsellor; diet(ary) specialist; diet(ary) planner; diet(ary) technician; diet(ary) coach, diet(ary) expert; diet(ary) fundi; diet(ary) guru; nutritionist; nutritional therapist; nutrition(al) specialist; nutrition(al) adviser; nutrition(al) consultant; nutrition(al) technician; nutrition(al) coach; nutrition(al) expert; nutrition(al) fundi; nutrition(al) guru and; any similar appellation, derivative, or similar word or phrase.

ADSA student bursary 2024

ADSA is extremely excited to announce that the applications for the ADSA Bursary 2024 are open until 8 December 2023. Every year, since 2013, ADSA awards a first-year dietetics student with funding towards their studies. The bursary holder receives an annual amount of R30 000 into their university account for their second, third and fourth years of study.

Eligible applicants must be in or have completed their first year of dietetics. Complete the online application form at <https://adsa.org.za/adsa-bursaries/>. For more information, email ADSA Member Relations (Janke Draper): membership@adsa.org.za.



National Nutrition Week 2023

ADSA partnered with National Department of Health, the Nutrition Society of South Africa, Grow Great and UNICEF to host National Nutrition Week 2023 (NNW) from 9 to 15 October 2023, celebrating the campaign theme of "Feel good with food". The objectives of National Nutrition Week 2023 were to:

- Increase awareness among adults, school going children and caregivers that nutritious food choices can promote physical and mental health and wellbeing.

- To increase self-efficacy to plan and prepare healthy meals and snacks.

Even though the campaign is officially completed, the fantastic campaign resources are still available to be used and shared. Visit the NNW website (<https://nutritionweek.co.za/NNW2023/>) or the shared Google Drive folder to access the resources, including concept documents, pamphlets and posters.

Stay in touch

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- Website: <http://www.adsa.org.za>
- Email: info@adsa.org.za or coo@adsa.org.za