You can obtain 3 CEU's for reading the article **"NURSING PRACTICES ASSOCIATED WITH DIAGNOSIS OF MALNUTRITION IN CHILDREN UNDER 5 YEARS IN WEST RAND DISTRICT PRIMARY HEALTHCARE FACILITIES"** and answering ALL the accompanying questions with a pass mark of 70% or more.

This article has been accredited for CEU's (ref. no. DT/A01/P00008/2023/00002)

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Activity 169

1. Malnutrition is still a public health challenge even though interventions are in place to improve health outcomes of children over many decades. Malnutrition contributes to:
   a. Morbidity and mortality
   b. Improved intellectual development and optimal adult work capacity
   c. Reduced risk of diseases in adulthood

2. The global 2025 malnutrition targets in the children under 5 are to:
   a. Reduce stunting by 40%
   b. Reduce childhood wasting by 5%
   c. Reduce childhood obesity by 10%

3. The study highlighted the importance of front-line health workers who are critical in identification of malnutrition in primary healthcare settings. The front-line health workers in this context are:
   a. Medical practitioners
   b. Dietitians
   c. Nurses

4. According to this study, the most cost-effective, reliable, and commonly used method(s) for nutritional assessments are:
   a. Anthropometric measurements
   b. Biochemical measurements
   c. Clinical assessments

5. The South African National Development Plan aims to reduce maternal, infant and child mortality and it is aligned with:
   a. Millennium Development Goals
   b. United Nations' Sustainable Development Goals
   c. United Nations' Children's Fund report

6. The aim of the child and nutrition course that the Department of Health offers to the nurses is:
   a. To improve the nurse's knowledge on child health and nutrition
   b. To ensure the nurses utilise the best practices to diagnose and manage the children's health
   c. Both a and b

7. In this study, data were collected using different tools, namely:
   a. A self-administered questionnaire for the knowledge, a checklist for equipment and a checklist to observe the practices of the nurses during the consultations
   b. A self-administered questionnaire for the knowledge and checklist for equipment
   c. A self-administered questionnaire for equipment, self-administered questionnaire for knowledge and self-administered questionnaire for practice pattern

8. This study recommends:
   a. The use of the length board and the mid-upper arm circumference to be done for each patient
   b. Plotting of anthropometric measurements and clinical assessment in the patient's file and RtHB
   c. Reporting should be done by managers and peers
   d. The number of nurses per facility should not be increased

9. The practice categories resulted in:
   a. 55 % displaying good practices
   b. 21% displaying good practices
   c. 18% displaying good practices

10. There was _____ between the attendance of courses and the mean knowledge scores:
    a. Poor association
    b. Good association
    c. No association

11. Data were analysed using SPSS version 25 (IBM Corp, Armonk, NY, USA). The test used to evaluate association between variables was:
    a. The t-test
    b. The Wilcoxon ranked sum test
    c. The chi-square test

12. The practice pattern results showed that:
    a. 100% took weight measure
    b. 35% took height measure
    c. 65% took MUAC measure

13. The West Rand Health District offered seven in-house training courses on child health and nutrition course. Which of the courses had the highest attendance rate?
    a. PMTCT
    b. LMC
    c. IMCI

14. The total expected knowledge score from self-administered questionnaire assessing nurses' knowledge was:
    a. 9
    b. 19
    C. 35

15. The stated study limitations are related to:
    a. Study design and data collection
    b. Data collection and data analysis
    c. Data analysis and data reporting