



SASPEN news: June 2021

SASPEN is excited to announce our new look. In keeping with this season of innovation, we are happy to present our new logo.

We have been inspired by the resilience of the dietetic community and we are looking forward to finishing 2021 strong in the presence of a rapid evolving (and globally expanding) extraordinary healthcare environment.

Dietitian's week was celebrated in June 2021. This year SASPEN joined The British Dietetic Association (BDA) again with local collaboration with the Association of Dietetics in South Africa (ADSA), the Enteral Nutrition Association of South Africa (ENASA), and the Hospital Dietitians Interest Group (HDIG). As part of the week's activities SASPEN ran a recipe competition where dietitians were encouraged to share their favorite, go-to healthy recipe. Congratulations to the winners: 1st prize Vashika Chibba (1 year ESPEN block membership & 1 year SASPEN membership); 2nd prize Rhodene Oberholzer (YuppieChef voucher) and 3rd prize Retha Harmse (1 year PM Ward Round membership). Thank you to everyone who participated in dietitian's week through sharing posts, commenting on social media or doing something in your own working environment or community. Together we can uplift and promote the profession.

The ESPEN 2021 congress will be fully virtual and taking place on 9–14 September 2021. Late Breaking

Abstract submission is now open FREE OF CHARGE until 25 June 2021. Consider this great opportunity to present your research on an international platform. Information regarding registration is available on the ESPEN website (www.espen.org or www.espencongress.com).

The SASPEN PM Ward Round Club have been successfully converted into a national online platform through Zoom, with CPD accreditation. For more information regarding topics and membership, keep an eye out on our social media platforms or our website at www.saspens.com. If you are interested in presenting a case at one of these events, please contact Anna-Lena du Toit (Anna-Lena.duToit@westerncape.gov.za).

In line with SASPEN's objective to promote, coordinate and encourage the development and application of clinical nutrition practices in South Africa, we are planning to launch additional interest groups. This activity will focus on providing a platform to discuss, present and provide guidance related to specific conditions or interests of the members. These interest groups will follow the platform of the established South African Neonatal and Pediatric Nutrition care working group (SANNPN). If you are interested in joining or contributing to this evolving platform of evidence-based information and nutritional mentoring, please visit the SASPEN website or email saspenservices@vdw.co.za for more information.

Lastly SASPEN would like to express its gratitude to every healthcare worker that has been relentlessly caring for patients with hope and resilience. We are proud to be part of the journey.

We would like to hear about your initiatives and plans. Please 'like' us on Facebook, follow us on Twitter and join us on LinkedIn to stay informed about events and opportunities. You can visit our webpage on www.saspens.com.

The new logo for the South African Society for Parenteral and Enteral Nutrition



SASPEN
SOUTH AFRICAN SOCIETY FOR PARENTERAL AND ENTERAL NUTRITION