

## **NSSA** newsbits

## **Western Cape Branch activity**

The Western Cape branch held a symposium on noncommunicable diseases on 16 May 2019. Speakers included Prof Ebenezer Durojaye, Dr Erika Jones, Ms Bianca Tromp and Mr Abrie Eksteen. Topics covered included "The relevance of a rights-based approach to NCDs in Africa", "The kidney and salt", "Sodium reduction in foods in South Africa" and "Are we making progress, low grade inflammation and disease: The role of nutrition".

## **Northern Cape Branch activity**

A paediatric symposium "From micronutrients to food for infants" was held on Thursday 11 April 2019 in Potchefstroom by the ADSA North West Branch, the NSSA Northern Branch, and the North West University's Centre of Excellence. Four CPD points and one ethics point were awarded to attendees. More than 100 delegates attended the event.



Photo of the speakers (from left to right) Prof Ettienne Nell, Prof Jeannine Baumgartner, Prof Renee Blaauw, Prof Welma Lubbe, Mrs Hanlie Degenaar, Dr Mariaan Wicks (Absent: Prof Lize Havemann-Nel)