



SASPEN News

SASPEN joined the British Dietetic Association again this year for Dietitian's Week, 4 – 8 June 2018. The theme for this year was "Dietitian's do Prevention". SASPEN would like to congratulate the winners of the university competition. The winning video focused on the prevention of heart disease and was produced by Bernadine Blom, Jessica Botes and Leatitia Human. The winning poster titled Elderly Talk 101: Sarcopenia was entered by Mariska Friedrich, Jane Lotz, Leatitia du Plessis and Esmá Killian. Both groups are from North West University. SASPEN would like to thank ENASA for sponsoring the prizes for the winning teams. The winning video and poster is available on the SASPEN Facebook page.

The annual CCSSA congress will be taking place in Durban 23 – 26 August 2018. SASPEN will be joining CCSSA again this year. SASPEN will be presenting 2 Life Long Learning (LLL) courses at this year's congress. Both LLL courses will be presented by our international speakers Prof Remy Meier and Prof Claude Pichard, and some local faculty. The international speakers will also join us for the congress program. The congress program this year will focus on several themes in clinical nutrition and can be previewed on the congress website at www.ccssa2018.co.za. SASPEN is also looking forward to interactive multi-disciplinary sessions on the CCSSA program. There will be case discussions, meet the expert sessions, speed debate sessions and many more.

The entries for the first Arina Prince Clinical Nutrition award have closed and the winners in the three categories will

be announced at the 2018 CCSSA/SASPEN congress. The categories are as follows: best publication in an international journal, best publication in a local journal, and best case study publication.

The Western Cape is building on the success of the PM Ward Round Club with two more successful events in the last two months. The smaller things in life got some attention at the third meeting by putting the microbiome in the spotlight. Some background was given on the human microbiome. The use of probiotics in the neonatal patient population with some data from a local centre where pro-biotics are used routinely were discussed. For the fourth meeting a young patient who presented with advanced gastric cancer and a gastric outlet obstruction were discussed. This patient developed Wernicke's encephalopathy as a result of malnutrition prior to hospitalization. The diagnosis and treatment of Wernicke's encephalopathy was discussed. The dietitian discussed the management of this patient through a period of refeeding syndrome. A specialist in the field of palliative care gave an excellent presentation on the management of patients in the end of life scenario.

We would like to hear about your initiatives and plans. Please like us on Facebook, follow us on Twitter and join us on LinkedIn to stay informed about events and opportunities. You can visit our webpage on www.saspen.com or download our SASPEN application on your smart devices.