



## ADSA office has moved

On 1 March 2006 ADSA moved offices. This was brought about by the resignation of Lesley Finlay from ADSA head office. The current Executive sourced different options and expertise on the matter and debated the best way forward, while simultaneously trying to ensure a smooth transition to a new Secretariat.

It was decided to appoint Van der Walt and Company (Association Management Services) as the new secretariat, as they have had 51 years of experience in association management. They will deal with all the membership and administrative tasks and will continue to refer members of the public to ADSA dietitians for expert advice or patient care.

As they manage a number of associations they employ a full-time accountant, computer specialist and journalist, which has enabled the ADSA executive to streamline our communications and redesign an interactive website integrated with our database and accounting system. ADSA executive's ability to make use of these professionals provides cost-effective solutions when we need personnel, equipment or facilities, and enables ADSA leadership to concentrate on furthering ADSA's vision and mission.

The office is based in Ferndale, Johannesburg, and is open from 8 am to 4:30 pm, Monday to Friday. The new contact details are:

*Address:* ADSA, PO Box 868, Ferndale, 2160  
*Telephone:* (011) 789-6621 or (011) 789-1384  
*Fax:* (011) 789-1385  
*E-mail:* [adsa@iafrica.com](mailto:adsa@iafrica.com) (no change)  
*Website:* [www.dietetics.co.za](http://www.dietetics.co.za) (no change)

Should you be an ADSA member without an e-mail address and want to receive ADSA communications via fax, please let the new secretariat know as the new system enables us to fax you the information sent out via e-mail.

We would like to thank Lesley Finlay for her years of service to ADSA and wish her well going forward.

## Surfing the net

For consumer-friendly information on various topics visit the following website: [www.foodfacts.org.za](http://www.foodfacts.org.za)

Book Review by Megan Pentz-Kluyts

### **It's Not Just Your Genes**

*By Ruth deBusk RD, PhD & Yael Joffe RD (SA)*

ISBN: 0-9776363-0-5



This book assumes nothing. It is factual, fun and easy to read 'as a way to introduce you to the fascinating world of genomics'.

Simplifying cutting-edge information, it starts by introducing you to the world of genetics and then taking you on a journey through various disease states, all the while giving practical shopping advice and recipes for easy implementation.

This simple, hands-on approach to genetics and to the crucial role nutrition can play in helping minimise the risk of various diseases in an individual's life makes the book easily understood by both the health professional and the lay reader.

## ADSA Corporate Identity

All ADSA members should have received a letter in the post regarding the ADSA logo. We would like to encourage you to share your opinion regarding the logo. We included a letter in the communication regarding the history of the logo and the reasons for the proposed change. To maintain transparency and provide a balanced view we also included a motivation to retain the current logo which we received, although the Executive has not sanctioned any of the three choices.

Please let us know your opinion by no later than 30 April 2006, as we would like to put a motivation together for the ADSA BGM based on the views of the majority of the membership.

### **Nutrition Congress 2006**

The Biennial Nutrition Congress held on behalf of the Nutrition Society of South Africa and ADSA will be held in the friendly city of Port Elizabeth on 24 - 27 September 2006. The theme of the congress is 'Surfing for Knowledge', and it will include all aspects of nutrition, making provision not only for clinical staff but researchers, government officials, food service and food industry professionals as well. Please visit the website at [www.nutritioncongress.co.za](http://www.nutritioncongress.co.za) for topics and updates. Deadline for submission of abstracts: 15 May 2005.

Yours in nutrition

**Hilary Woodley**

*ADSA Executive, Communications Portfolio*