



NSSA newsbits

During the 12th congress of the International Society for the Study of Fatty Acids and Lipids (ISSFAL) held in September 2016 in Stellenbosch, South Africa, the International Union of Nutritional Sciences and the International Expert Movement to “Improve Dietary Fat Quality” hosted a debate on whether meta-analyses and systematic reviews are decisive in formulating guidelines for dietary fat. ISSFAL chair and 2014 Nutrition Society Award recipient, Marius Smuts, North-West University, Potchefstroom, South Africa, asked for instance whether the evidence on individual saturated fatty acids should be translated into a food-based approach. A summary of the debate has recently been published in *Annals of Nutrition and Metabolism*. [Nettleton JA, von Schacky C, Brouwer IA, Koletzko B. International Society for the Study of Fatty Acids and Lipids

2016 Debate: For science-based dietary guidelines on fats, meta-analysis and systematic reviews are decisive. *Annals of Nutrition and Metabolism* 2017;71:26–30] and is available online with ‘Open Access’ at <https://www.karger.com/Article/FullText/478794>

It has been confirmed that the Nutrition Congress 2018 will be held in Johannesburg, 5–7 September 2018. The theme of the congress is *Nutrition: past, present, future*.

The congress local organizing committee members are:

NSSA: Dr Cornelia Nienaber-Rousseau; Elize Symington

ADSA: Dr Robin Dolman (chairperson); Arista Nienaber

Eastern Sun Events: Tanya Schmidt



NUTRITION CONGRESS 2018



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Misty Hills | Johannesburg
5 - 7 September 2018
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