

# CONTINUING PROFESSIONAL DEVELOPMENT ACTIVITY FOR DIETITIANS

SAJCN CPD activity No. 36 – 2006

You can obtain 3 CEUs for reading the article: “Socio-economic and hygiene features of street food vending in Gauteng” and answering the accompanying questions. This article has been accredited for CEUs for dietitians. (Ref. number: DTP 06/001/02/001)

## HOW TO EARN YOUR CEUs

1. Check your name and HPCSA number.
2. Read the article and answer all the questions.
3. Only **ONE** answer sheet may be submitted per article.
4. Indicate your answers to the questions by colouring the appropriate block in the cut-out section at the end of this questionnaire.
5. You will earn 3 CEUs if you answer more than 70% of the questions correctly. A score of less than 70% will not earn you any CEUs.
6. Make a photocopy for your own records in case your form is lost in the mail.
7. Send the cut-out answer form **by mail**, NOT BY FAX to: SAJCN CPD activity **No. 36**, c/o Department of Human Nutrition, PO Box 19063, Tygerberg, 7505 to **reach the office not later than 15 June 2006**. Answer sheets received after this date will not be processed.

## PLEASE ANSWER ALL THE QUESTIONS

1. In this study, all information from vendors was collected with an observation form.  
[a] True [b] False
2. Two hundred meat and/or chicken and 200 maize meal porridge samples were tested for micro-organisms.  
[a] True [b] False
3. Approximately 250 g of food was taken as a sample with a washed and dried spoon which was dipped into alcohol and flamed.  
[a] True [b] False
4. The samples were refrigerated at 0°C for a maximum of 24 hours before they were plated.  
[a] True [b] False
5. Total aerobic plate count was intended to indicate the level of micro-organisms in a product.  
[a] True [b] False
6. The results of all aerobic plate tests, except one, showed an acceptable microbial Growth range of below log 6 per gram.  
[a] True [b] False
7. Coliforms are defined as Gram-positive rods that produce acid and gas from lactose during metabolic fermentation.  
[a] True [b] False
8. Presence of salmonella in food samples was elicited by placing 25 g of the sample into 225 ml of buffered peptone water and incubated at 37°C for 24 hours.  
[a] True [b] False
9. A total of 20 samples (7 meat/chicken and 13 maize porridge) tested positive for *Staphylococcus aureus*.  
[a] True [b] False
10. *Bacillus cereus* is often associated with leftover foods and since all vendors indicated that they did not use leftovers for re-sale, no samples tested positive for *B. cereus*.  
[a] True [b] False
11. Almost all (99.5 %) vendors indicated that their street food business was the main income of their household.  
[a] True [b] False
12. The main reasons subjects in this study bought food from a specific street food vendor, in order of importance, were daily preparation of fresh food, proximity of street food vendor to work, friendliness of food vendor, and clean dishes.  
[a] True [b] False

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HPCSA number: DT |\_|\_|\_|\_|\_|\_|\_|\_|\_|\_|

Surname as registered with HPCSA: \_\_\_\_\_ Initials: \_\_\_\_\_

Postal address: \_\_\_\_\_

Code: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Full member of: ADSA: |\_| yes |\_| no      NSSA: |\_| yes |\_| no      SASPEN: |\_| yes |\_| no

## “Socio-economic and hygiene features of street food vending in Gauteng”

Martins JH

Please colour the appropriate block for each question

(e.g. if the answer to question 1 is a: 1) a ■ b )

- 1)  a  b
- 4)  a  b
- 7)  a  b
- 10)  a  b

- 2)  a  b
- 5)  a  b
- 8)  a  b
- 11)  a  b

- 3)  a  b
- 6)  a  b
- 9)  a  b
- 12)  a  b

# CONTINUING PROFESSIONAL DEVELOPMENT ACTIVITY FOR DIETITIANS

SAJCN CPD activity No. 37 – 2006

You can obtain 3 CEUs for reading the article: **“Impact of the special training of community health workers on breastfeeding counselling and support in KwaZulu-Natal”** and answering the accompanying questions. This article has been accredited for CEUs for dietitians.  
(Ref. number: DTP 06/001/02/002)

## HOW TO EARN YOUR CEUs

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## PLEASE ANSWER ALL THE QUESTIONS

1. According to the SADHS, the rate of exclusive breastfeeding in infants aged 0 - 3 months at the national level was estimated to be 30%.  
[a] True [b] False
2. The Bergville Child Survival Project trained all community health workers in breastfeeding counselling and support, using the WHO/UNICEF 40-hour breastfeeding training course.  
[a] True [b] False
3. The findings of the study documented that infants in the control group were significantly younger than infants in the intervention group.  
[a] True [b] False
4. The majority of the mothers in both the intervention and control groups of the study fed colostrum to their infants.  
[a] True [b] False
5. How many of the participants in this study believed that colostrum was not good for a newborn baby?  
[a] Most [b] Many  
[c] Half [d] Very few
6. Prelacteals in this article were listed as water, water-based drinks such as sugar water or juices and formula milk.  
[a] True [b] False
7. This study documented that there was a tendency for more infants in the control group to have had diarrhoea.  
[a] True [b] False
8. Confounding factors mentioned in this study were:  
[a] Infants in the intervention group were younger than infants in the control group  
[b] Mothers in the intervention group were less educated than mothers in the control group  
[c] both a and b [d] neither a nor b
9. A limitation mentioned in this study was the number of community health workers who had received special training in breastfeeding management and counselling.  
[a] True [b] False
10. The rate of breastfeeding initiation immediately after birth in this study was lower in the control group than the intervention group.  
[a] True [b] False
11. In this study increased rates of EBF led to increased growth rates of infants.  
[a] True [b] False
12. What percentage of families in the intervention group accessed their water from public taps?  
[a] 59.4% [b] 62.1%  
[c] 61.0% [d] 70.6%

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Full member of: ADSA: |\_| yes |\_| no      NSSA: |\_| yes |\_| no      SASPEN: |\_| yes |\_| no

**“Impact of the special training of community health workers on breastfeeding counselling and support in KwaZulu-Natal”**

**Mukantwali C, Maunder EMW, Paterson M, Gibson C**

Please colour the appropriate block for each question

(e.g. if the answer to question 1 is a: 1) a ■ b )

- 1)  a  b
- 4)  a  b
- 7)  a  b
- 10)  a  b

- 2)  a  b
- 5)  a  b  c  d
- 8)  a  b  c  d
- 11)  a  b

- 3)  a  b
- 6)  a  b
- 9)  a  b
- 12)  a  b  c  d