



## SASPEN News

It has been a heavy-hearted quarter for SASPEN and the dietetic community with the passing of Arina Prins. Arina was the immediate past president of SASPEN and a long-standing SASPEN Council member. She will be remembered for her immeasurable contribution to the profession and for her standing in the international dietetics community.

Dietitian's Week took place from 6 to 10 June 2016. This was the third year that SASPEN joined the British Dietetic Association (BDA). The aim of this initiative is to raise awareness around the role of the dietitian. This year the theme of Dietitian's Week focused on disease related malnutrition. SASPEN was joined by ENASA (Enteral Nutrition Association of South Africa), ADSA (Association for Dietetics in South Africa) and HDIG (Hospital Dietitians Interest Group) in spreading this important message. We had great participation from both the public and private sector. We would like to thank everyone who participated and contributed to our social media platforms with photos and activities! We look forward to next year.

SASPEN joined SAGES (South African Gastro-Enterology Society) and SAGINS (South African Gastrointestinal Nursing Society) for their annual congress held in Pretoria from 5 to 8 August 2016. The congress was a great success with many interesting lectures. The lectures will be

posted on the SASPEN website under the members' section. Visit the website on [www.saspen.com](http://www.saspen.com) to utilize this great resource.

SASPEN has been invited to join ASPEN's Malnutrition Awareness Week™ supporter program during the week of 26–30 September 2016. Keep an eye on the SASPEN website and social media for exiting privileges for SASPEN members during this week.

NutritionDay is a worldwide initiative to fight malnutrition in health care institutions. This year NutritionDay will take place on 10 November. On this day, hospitals and nursing homes have the opportunity to participate in a one-day cross-sectional audit. Each participating institution will receive a detailed report based on the data submitted. South Africa has never participated in this initiative and this year SASPEN and ENASA are endeavouring to facilitate the participation of centres in this initiative. Keep an eye out on our social media platforms for opportunities to participate. To learn more about NutritionDay please visit [www.nutritionday.org](http://www.nutritionday.org)

SASPEN values your input and would like to hear about your initiatives. Please like us on Facebook, follow us on Twitter and join us on LinkedIn. You can visit our webpage on [www.saspen.com](http://www.saspen.com) or download our SASPEN application on your smart devices.